



THE PROFOUND TREASURY RETREAT

SHARPENING THE SWORD OF PRAJNA MAIN CLASS READINGS

Profound Treasury Volume I: The Path of Individual Liberation

- ❖ PART THREE: Mediation/Samadhi (app. 40 pp)

Shamatha: The Practice of Mindfulness

- ❖ 22. Simplicity

Vipashyana: The Practice of Awareness

- ❖ 43 The Freshness of Unconditional Mind
- ❖ 44 Beyond Picking and Choosing
- ❖ 45 The Art of Everyday Living
- ❖ 46 Glimpses of Emptiness
- ❖ 49 Self-Perpetuating Awareness

Profound Treasury Volume II: The Bodhisattva Path of Wisdom and Compassion

- ❖ PART FIVE: Emptiness and Compassion (app. 50 pp)

- ❖ 18 Emptiness
- ❖ 19 Discovering a World Beyond Ego
- ❖ 20 Emptiness and the Middle Way
- ❖ 21 Realizing the Emptiness of Ordinary Reality
- ❖ 22 Experiencing Reality in its Fullest Sense
- ❖ 23 Contemplating Emptiness
- ❖ 24 Awakening Unfabricated Perception

Supplemental Readings (Optional)

- ❖ Glimpses of the Profound, Chögyam Trungpa:
 - Glimpses of Mahayana / Glimpses of Shunyata
- ❖ The Path is The Goal, Chögyam Trungpa
- ❖ Contemplating Reality, Andy Karr
- ❖ The Heart Attack Sutra, Karl Brunnhölzl